

Supporting employees when they need it the most

Employee Assistance Programme with 24/7 Counselling and Support Helpline

Ideal for organisations of all shapes and sizes, our Employee Assistance Programme (EAP) provides support, guidance and counselling to help employees with a wide range of problems.

Issues such as stress, financial worries or a family bereavement can lead to absenteeism, health problems and a drop in performance at work. By providing employees with professional support when they need it the most, our EAP can help to improve health, wellbeing, productivity and performance.

Employer benefits

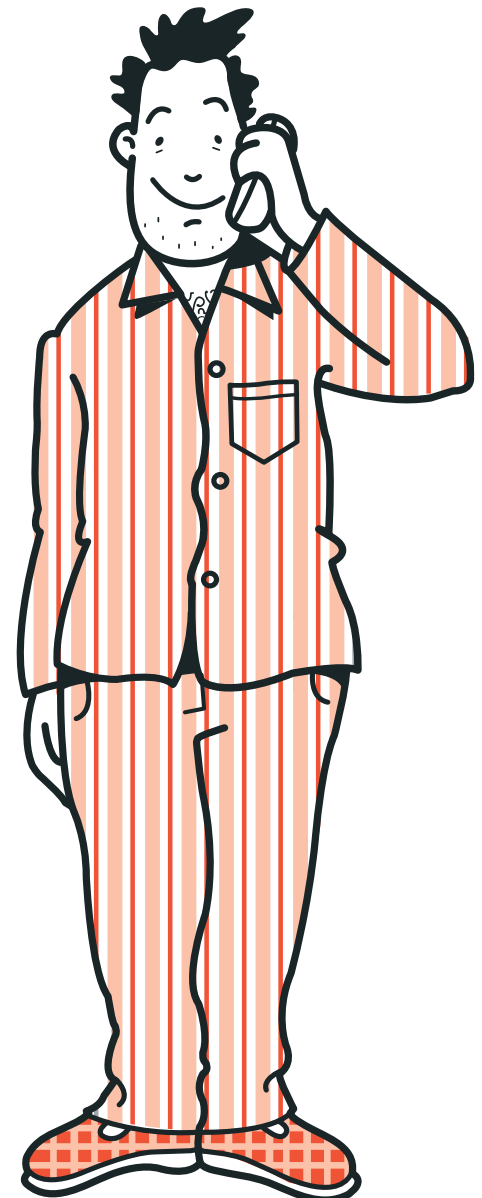
- Supports Duty of Care and demonstrates a strong commitment to looking after the health and wellbeing of employees
- Can help to reduce long-term and short-term absenteeism
- Provides peace of mind as employees can talk to qualified professionals about a range of issues

Employee benefits

- Immediate access to accredited counsellors who can help with a variety of personal and professional problems
- Can talk to someone at any time of the day or night

To discover more, please contact our friendly team or visit our website.

0800 378051
www.healthshield.co.uk



Employee Assistance Programme Services

Benefit	24/7 Counselling & Support Helpline	Employee Assistance Programme plus 24/7 Counselling & Support Helpline
24/7 telephone helpline providing structured counselling	✓	✓
Post trauma support	✓	✓
Up to 8 face-to-face counselling sessions including Cognitive Behavioural Therapy	✗	✓
Serious illness & accident support	✗	✓
Business Care	✓	✓
Online health assessment and personal coaching website	✓	✓
Active Care with Occupational Health Helpline	✓*	✓
GP Call-back and Medical information	✓	✓
Commercial Legal Advice (HR)	✓	✓

*Applicable on all standard company paid schemes and optional on tailored schemes

24/7 telephone helpline

All calls are answered by qualified and experienced BACP accredited counsellors who can help with a variety of work and lifestyle problems. They can advise on everything from stress, relationships and debt and finances to family matters, consumer issues and health & wellbeing, including depression and bereavement.

Post trauma support

Each person deals with accidents differently, but these challenges don't need to be faced alone. Help is available for employers and employees.

Face-to-face counselling

All employees can have up to 8 face-to-face counselling sessions a year for every issue they need support with. Cognitive Behavioural Therapy is included and appointments with a nationwide network of over 800 BACP accredited counsellors are usually confirmed within 48 hours.

Serious illness and accident support

A Personal Nurse Advisor will provide specialist support for as long as needed if an employee has an accident, heart attack or stroke, needs support with a long-term disability or is diagnosed with a serious health condition such as cancer. Depending on the condition and an individual's needs, they can arrange therapies, counselling and nurse home visits, and provide health information and details of charities and support networks.

Business Care

Provides all organisations with the reassurance that they are fully compliant with fast-changing legislation. A dedicated team of experts is on hand 24/7 to advise on everything from Employment Law and Health & Safety to Tax, VAT and Risk Assessments.

Online health assessment and personal coaching website

Here employees can access a range of health assessments and personal coaching tools. These include healthy eating plans, stress coaching, advice on relationship matters, tips for a healthier lifestyle and much more.

Active Care with Occupational Health Helpline

Provides professional support for employees with stress from day one of their absence. Proactively supports and engages with employees providing an early intervention to help them return to work as soon as possible. Supports employers duty of care and assists HR with advice and support on issues like fit notes, health surveillance and return to work plans and interview.

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