

Absenteeism is seriously impacting UK businesses...

131 MILLION days were lost to sickness absences in the UK in 2013.

That's the equivalent of **4.4 DAYS** per worker.

Approximately **960K** UK employees are off sick for at least a month each year.

The average UK worker takes **4x** as many sick days as other countries.

STAFF ABSENCE can lower office morale & motivation.

The most common causes of **LONG-TERM ABSENCE** are acute medical conditions, stress, musculoskeletal injuries, mental ill health and back pain.

MINOR ILLNESS is the most common cause of short-term absence.

Larger organisations tend to have higher levels of absence than smaller ones.

STRESS ANXIETY DEPRESSION These issues resulted in 15 million days of absence in 2013.

BUT THE GOOD NEWS IS

ORGANISATIONS WHO MAKE CHANGES TO MANAGING ABSENCE REPORT...

POSITIVE IMPACT

92% of organisations who introduced or revised their well-being benefits in 2014 report a **POSITIVE IMPACT** on absence levels.

88% of organisations who involved occupational health professionals in 2014 report a **POSITIVE IMPACT** on absence levels.

INTRODUCING A **HEALTH CASH PLAN** IS A CHANGE THAT MAKES A REAL DIFFERENCE

DENTAL BENEFIT → **EYE PROBLEMS** → **BACK PROBLEMS** → **PHYSIO BENEFIT** → **BY PREVENTING ILLNESS & IMPROVING WELLBEING**

HEALTH SHIELD HELPED REDUCE MY SICKNESS RATES FROM 4.5% TO JUST 0.5%

PLUS an Employee Assistance Programme to actively manage stress.

HEALTH SHIELD OFFERS Gym membership discounts, personal coaching tools, easy access to a virtual GP helpline, 24/7 counselling and support helpline.

